

Support Services for Women in Highland



Seirbheisean Taic do
Bhoireannaich sa
Ghàidhealtachd

Introduction

The Highland Community Planning Partnership is committed to challenging Violence Against Women at both local and national levels. Violence Against Women is an issue that affects many women - between 1 in 5 and 1 in 2 women in Highland will experience at least one form of gender based violence in her lifetime.

The effects Violence Against Women can have on those who experience it are wide ranging and it may impact on physical, emotional and/or sexual health. There are also impacts on children who are living with domestic abuse; who are sexually abused, or whose carers experience gender based violence.

We are mindful that it is not only women who experience abuse and that such abuse is unacceptable no matter who experiences it or the circumstances in which it takes place.

Information about services who may be able to support women who have experienced gender based violence are included in this booklet.

Contents

AMINA	4	Ross-shire Women's Aid (inc Skye & Lochalsh)	18
Brook Highland	5	Samaritans	19
Caithness & Sutherland Women's Aid	6	SAY Women	20
Children 1st	7	Scottish Women's Aid	21
CoVASS	8	Shakti Women's Aid	22
Ethnic Minorities Law Centre	9	TARA Project	23
Forced Marriage Unit	10	Terrence Higgins Trust	24
Inverness Women's Aid	11	The Highland Council (inc Social Work & Housing)	25
Lochaber Women's Aid	12	Victim Information & Advice (VIA) Witness Services	27
NHS Highland	13	Victim Support Highland	28
Northern Constabulary	15	Women's Support Project	29
Rape & Abuse Line	16	Notes	31
Rape Crisis Scotland	17		

Amina The Muslim Women's Resource Centre

Address: Head Office: Network House, 311 Calder Street,
Glasgow G42 7NQ

North Scotland Office: Old Tay Mill Complex,
23 Brown Street, Dundee DD1 5EF

Phone: Glasgow: 0141 585 8026
Dundee: 01382 224687

Email: info@mwrc.org.uk

Aims: A Scottish charity run by women, our purpose is to promote the social welfare of predominantly Muslim women and enable them to fully participate in all aspects of society without having to compromise their basic beliefs and values.

Services Provided:

- Information/Advice/Advocacy
- Counselling
- Violence Against Women (PPP Project)
- Development Work with Muslim women
- The Family Counselling, Mediation & Advocacy Project
- Scotland-wide Telephone Helpline
- 0808 801 0301
- helpline@mwrc.org.uk

Accessibility: We can help in many languages and also access the services of Language Line.

Drop In Services:

Glasgow

Monday and Wednesday 10am to 12.30pm,
Thursday 1pm till 3pm.

Dundee

By Appointment – please call 01382 224687.

Opening Hours: **Glasgow**
Monday to Friday 9.30am till 5pm.

Dundee

Monday to Thursday 9am till 5pm.

Brook Highland

Address: 77 Church Street, Inverness IV1 1ES
(entrance in archway next to Sam's Indian)

Phone: 01463 242434
Free Helpline: 0808 802 1234
Text 'Brook info' to 81222

Email: centremanager@highlandbrook.freeserve.co.uk

Aims: The objectives of Brook are protecting, promoting and preserving the sexual and reproductive health of young people by educating them in matters relating to sexual behaviour, contraception, sexually transmitted infections and unwanted pregnancy.

Services Provided: Young persons' (under 25 years old) counselling and contraceptive and sexual health services. Online, text and telephone information services. Information and education via leaflets, training materials, information sessions.

Medical and counselling services at clinics include counselling around sexuality, sexual orientation, relationships, sex, sexual health, and pregnancy. Oral, inject-able, Implant, intra-uterine contraceptives provided, along with condoms and lubricant, Chlamydia testing and treatment. Pregnancy testing and counselling.

Accessibility: Translated materials being developed in Polish, Latvian, Lithuanian, Chinese(Mandarin). Stair climber available. Door entry intercom system, please ask if any particular assistance is required. Website: www.brook.org.uk

Opening Hours: Drop in young people's sessions:
Mon, Tue & Thu 4-7pm, Sat 12-3pm
Please arrive at least 30 minutes before the end of the session. Office is open out with these hours for local enquiries.

Caithness & Sutherland Women's Aid

Address: PO BOX 6460, Caithness KW1 4DA

Phone: 0845 4080151

Email: info@caswa.org.uk

Aims: To work towards the prevention of domestic abuse and other forms of VAW by providing protection from abuse and provision of services to support women, children and young people affected.

Services Provided: We offer refuge accommodation, follow-on and outreach services for women and children who have experience of domestic abuse and other forms of Violence Against Women. We also offer telephone support and a drop-in service. Our children & young people's workers offer support via email and text. The support offered to women and children includes: emotional and practical support; information on benefits, housing options, legal options; keeping safe and/or helping to make contact with other appropriate agencies to ensure holistic support.

Accessibility: The refuge offers one flat for a disabled woman and up to 3 children. We also offer access to interpretation services:- Amina (Muslim Women's Helpline) and Shakti Women's Aid.

Opening Hours: Monday to Friday 9am till 5pm.

Children 1st

Address: Killen Family Resource Centre, by Avoch IV9 8RQ

Phone: 01381 620757

Email: killen@children1st.org.uk

- Aims:**
- To be a strong public voice for vulnerable children and young people to influence public policy and opinion;
 - To provide and promote excellent services;
 - To maximise and effectively direct our resources towards our vision of a happy, healthy, safe and secure childhood for every child in Scotland.

Services Provided:

- **Abuse Recovery Service** for children / young people who have been sexually abused, and their families;
- Also **Shine Through** service for young people (and their families,) who engage in self harming or other risky behaviour as consequence of abusive experiences;
- **Family Solutions Family Group Conferencing Service** – currently in Ross-shire and East Sutherland;
- **Kinship Care Support Service** (supporting extended family /friends carers of a child placed with them by a Children's Hearing or The Highland Council);
- **Mediation In Education** for situations of dispute between families and education authority.
- Helpline: **ParentLine Scotland** 0808 800 2222 – advice and support for parents and carers of children / young people.
- Helpline for children & young people: **ChildLine** 0800 1111.

Accessibility: Please contact us to discuss your needs.

Opening Hours: Monday to Friday 9am till 5pm.

CoVASS Community Violence and Abuse Support Service

Address: The Office, Craigellachie Crescent, Aviemore PH22 1PA

Phone: 01479 812144 or 01667 455544

Email: info@covass.co.uk

Aims: Support for women (and their families) experiencing difficulties due to violence and abuse.

Services Provided:

- One to one and group support sessions;
- Workshops;
- Helpline;
- Phone, text and internet support;
- Assistance with associated life changes;
- Private facilities in local, community based offices;
- Home visits.

Accessibility:

- Ground floor premises;
- Level access;
- Parking;
- Information leaflet in English and Polish, some Spanish.

Opening Hours: Monday to Friday, 9.30am till 5pm.
Phone support outwith office hours.

Ethnic Minorities Law Centre

Address: Second Floor, 16 Union Street, Inverness IV1 1PL

Phone: 07776 059 881

Email: admin@emlc.org.uk

Aims: To provide information, advice and legal representation on immigration law, nationality law, asylum law, discrimination law and employment law.

Services Provided: Legal advice and representation over the phone or face-to-face.

Telephone advice line:
Mon – Fri, 9.30am-10.30am

Face-to-face appointments:
Mon – Fri 9am-1pm; 2pm-5pm

Accessibility: Interpreters can be arranged for face-to-face appointments.

Opening Hours: Monday to Friday, 9am till 1pm; 2pm till 5pm.

Forced Marriage Unit

Address: Foreign and Commonwealth Office, 4th Floor, King Charles Street, London SW1A

Phone: 0207 008 0151
Out of hours call 0207 008 1500 and ask for the Global Response Centre.

Email: fm@fco.gov.uk

Aims: Joint Government (Home Office and Foreign and Commonwealth Office) Forced Marriage Unit is a one stop shop for developing policy on forced marriage, providing support and advice and raising awareness.

Services Provided: Helpline and website – advice, information and support to victims and practitioners. Guidance for statutory agencies and frontline practitioners. Outreach, training and presentations.

Accessibility: Some of our caseworkers are fluent in other languages – however, as our staff change over time, this may become out of date. Currently our staff can speak Bengali, French and Spanish.

Opening Hours: Monday to Friday 9am till 5pm

Inverness Women's Aid

Address: 2 Anderson Street, Inverness IV3 8DF

Phone: 01463 220719

Email: info@invernesswa.co.uk

Aims: We provide confidential support to women, children and young people who have experienced or are experiencing domestic abuse.

Services Provided:

- A safe refuge consisting of fully furnished modern flats /bedsits, private garden and play area.
- Refuge located close to all modern amenities, public transport routes and a popular local school.
- Comprehensive outreach service.
- Follow-on Service.
- Partnership working with other agencies to provide a full range of support tailored to individual needs.
- Affiliated to Scottish Women's Aid, which offers professional support and safe accommodation throughout the UK.

Accessibility:

- Information available in all foreign languages currently recognised within the Highlands.
- Deaf and Blind accessible information.
- Accommodation especially adapted for those with disabilities.
- Language Line Interpretation facilities.

Opening Hours: Mondays to Sundays
Day/Office hours 9am till 5pm
Evening hours 5pm till 9pm
Night hours 9pm till 5am

Lochaber Women's Aid

Address: Drochaid Claggan Road, Claggan,
Fort William PH33 6PH

Phone: 01397 705734

Email: lwa@btconnect.com

Aims: To support women, young people or children, who are or have been affected by domestic abuse.

Services Provided: Information, support and supported temporary accommodation to women, young people and children with experience of domestic abuse.
Follow-on Service & Access to Women's Groups available.

Accessibility: Language Line Interpretation facilities.
Affiliated to Scottish Women's Aid, as well as Partnership working with other agencies to provide a full range of support tailored to individual needs.

Opening Hours: Monday to Friday 9am til 5pm
We also offer a weekend response service.

NHS Highland

Phone: NHS 24 on 08454 24 24 24

Textphone: 18001 08454 24 24 24

Emergencies 999

Aims: NHS Highland offers a variety of health services, details listed below.

Services Provided:

NHS 24 - is a 24 hour telephone health advice and information service. It provides information on health conditions and local NHS services, e.g. finding a pharmacist, GP surgery, dentist or Accident and Emergency department.

General Practitioners (GPs, Family Doctors) - services are available free of charge to everyone. If you are not registered with a GP you can still ask to be seen as a temporary resident.

Practice Nurses - will usually be able to document injuries and treat as appropriate. Emergency contraception is available from the practice nurse.

Health Visitors - are attached to GP practices and are assigned to families with children under five.

Accident and Emergency - Hospital A&E departments treat medical emergencies that are too urgent or serious for a GP to treat. You can make your own way there or call 999 for an ambulance.

Midwifery - A pregnant woman will be assigned a midwife, who will carry out routine checks.

NHS Highland (continued)

Mental Health Services - GPs can make a referral to psychiatrists and other mental health professionals, who will assess you and offer a course of action. They may also arrange support from the Community Psychiatric Nurse, often referred to as CPNs.

Police Surgeons - If a serious assault has taken place, the police may arrange for examination by a police surgeon. Specially trained doctors do this for the police. The doctor will want to examine you thoroughly and ensure any concerns are dealt with. A female police officer will help the doctors to package samples and take photographs of injuries, with your permission.

Highland Sexual Health - provides a free, confidential one-stop service. The nurses and doctors are specially trained in sexual health and contraception, and will provide advice in a sensitive way. Sexual health services provide two types of clinic; Genito-Urinary Medicine (GUM) and contraception. GUM clinics provide services such as testing and treatment for sexually transmitted infections (STI); free condom supplies; pregnancy testing and emergency contraception; and counselling and testing for HIV.

Accessibility: Various, depending on premises.

All services have access to independent interpretation services.

Visit www.nhshighland.scot.nhs.uk for more information about services.

Opening Hours: Various, contact individual services.

Northern Constabulary

Address: Northern Constabulary Headquarters,
Old Perth Road, Inverness IV2 3SY

Phone: Emergencies: 999
Confidential Line: 01463 723321
Textphone: 01463 723325

Email: mail@northern.pnn.police.uk

Aims: The Force's Priorities for 2009/2010 are:

- Reducing crime
- Tackling serious crime
- Safer roads
- Stronger, safer communities
- Maintaining public order

Services Provided: We will act upon allegations of all crimes. When we respond to domestic abuse we will offer you contact with a Domestic Abuse Liaison Officer (DALO). Victims of Sexual Offences will be dealt with by a specially trained Sexual Offences Liaison Officer (SOLO), who will explain the police process. They are also able to provide you with details of other services you may wish to access in order to get support.

Accessibility: DALO and SOLO support is available 24/7 across the Force Area. All services have access to independent interpretation services. www.northern.police.uk for more information about services.

Opening Hours: The police are available 24/7, in emergencies, by calling 999

If you are unsure about the opening hours of your local police station, please call 01463 71555 to get more information.

Rape and Abuse Line

Address: PO Box 10, Dingwall IV15 9HA

Phone: Helpline answered by women: 0808 8000 123

Helpline answered by men: 0808 8000 122

Office: 01349 865316

Aims: To support survivors of rape and abuse, whether recent or historic. Service available to male and female survivors and their family members.

Services Provided: Free and confidential helplines. Free face to face support and counselling is available in a wide range of locations across the Highlands and Moray. We have excellent facilities available for hire as counselling and training rooms.

Accessibility: We currently are looking at recruiting persons who can support in different languages and the possibility of textphone support. We are also in the process of training to support via email. Check our progress on our website at: **www.rapeandabuseline.co.uk**

Opening Hours: The helpline is open in the evenings between 7-10pm. We have a 24hr answering service and endeavour to return calls as soon as we can, and arrange face to face requests within a quick time scale. The office is generally open between 9am and 2pm.

Rape Crisis Scotland

Address: 46 Bath Street, Glasgow G2 1HG

Phone: Freephone Helpline: 08088 01 03 02

Email: info@rapecrisisscotland.org.uk

- Aims:**
- To work to address prejudicial attitudes towards female survivors of sexual violence at an agency, societal & institutional level.
 - To work to ensure a consistent and high quality service is offered by member groups throughout Scotland.
 - To provide a national helpline service to anyone affected by sexual violence.
 - To assist in the development & expansion of rape crisis provision throughout Scotland.
 - To provide a central information & resource service on sexual violence.
 - To develop and sustain a solid infrastructure for the rape crisis movement in Scotland.

Services Provided: We provide initial and crisis support to anyone affected by sexual violence. This includes female and male survivors of sexual violence, friends and family members, and workers.

Accessibility: We provide a minicom service for Deaf or hard of hearing people (same phone number as helpline). We also offer a language translation facility through language line. Callers only need to call the line and state the language they speak and leave a number and support workers will call back via the translation service. We have translated our information leaflets in to six initial community languages; Arabic, Chinese, French, Polish, Punjabi & Urdu. This information is also available for download from our website: www.rapecrisisscotland.org.uk

Opening Hours: Office open usual office hours on 0141 331 4180. Helpline open 6pm-midnight.

Ross-shire Women's Aid

Address: The Square, George Street, Dingwall IV15 9SA

Phone: 01349 863568

Email: info@rosswa.co.uk

Aims: Ross-shire Women's Aid aims to offer support, information and help to women, children and young people with experience of domestic abuse. To work towards the eradication of domestic abuse.

Services Provided: Information, support and temporary accommodation to women and children and young people with experience of domestic abuse.

Accessibility: Workers trained in BSL.

Opening Hours: Monday to Friday, 9am till 5pm

Samaritans

Address: 67a Tomnahurich Street, Inverness IV3 5DT
& 7 Riverside Place, Thurso KW14 8BZ

Phone: 08457 90 90 90
Textphone: 08457 90 91 92

Email: jo@samaritans.org

Aims: We provide emotional support for people who are experiencing feelings of emotional distress or despair, including those which may lead to suicide.

Services Provided: Emotional support is offered by telephone, email and face-to-face at our centres in Inverness and Thurso.

Accessibility: We have a Textphone service.
Full wheelchair access at our Inverness Centre.

Opening Hours: Telephone and email services available 24 hours a day, 365 days a year.

Face-to-face services:
Inverness– Monday to Friday, 10am till 10pm.
Limited at weekends (phone for details)
Thurso– Phone for details.

SAY Women

Address: 3rd Floor, 30 Bell Street, Glasgow G1 1LG

Phone: 0141 552 5803

Email: manager@say-women.co.uk

Aims: Support young adult survivors of childhood sexual abuse and/or rape/sexual abuse.

Services Provided: **Accommodation** for young women aged 16 – 25 years - Survivors of childhood sexual abuse and/or rape/sexual assault.

Short to medium term crisis support for young men and women (16 – 25 years) - Survivors of childhood sexual abuse and/or rape/sexual assault.

Training (all over Scotland) on:

- Working with CSA Level I
- Working with CSA Level II
- Working with Self Harm
- Working with Survivors with addiction issues

Accessibility: Text phone at accommodation and fully accessible flat for disabled women.

Opening Hours: Office Hours at Bell Street: 9.30am till 5pm

Service provision outside of Glasgow can be limited – but limited places/spaces are available to young people outside of Glasgow and we are very flexible, please call to discuss individual needs – always happy to provide services where possible or at least, give information and signpost.

Scottish Women's Aid

Address: 2nd Floor, 132 Rose Street, Edinburgh EH2 3JD

Phone: 0131 226 6606

Email: contact@scottishwomensaid.org.uk

Aims: Scottish Women's Aid is the lead organisation in Scotland working towards the prevention of domestic abuse. We play a vital role campaigning and lobbying for effective responses to domestic abuse.

An important aspect of our work is ensuring that women and children with experience of domestic abuse get the services they need, both from local Women's Aid groups and from the agencies they are likely to contact.

Our members are local Women's Aid groups which provide specialist services to women, children and young people. These include safe refuge accommodation, information and support.

We provide advice, information, training and publications to members and non-members.

Services Provided: Scottish Domestic Abuse Helpline:
0800 027 1234 (24 hours)

Local Women's Aid Groups provide emotional, practical support and information. Some also provide temporary accommodation.

Opening Hours: Office hours, Monday to Friday, 9am till 5pm.

Shakti Women's Aid

Address: Norton Park, 57 Albion Road, Edinburgh EH7 5QY

Phone: 0131 475 2301

Email: info@shaktiedinburgh.co.uk

Aims: Shakti works with BME women and their children and young people experiencing/fleeing domestic abuse from their partners, ex-partners and other members of the household.

Services Provided:

- Refuge.
- Access to Housing and Benefits.
- Access to legal services such as Family and Immigration Solicitors.
- Advocacy.
- Outreach services for Women and Children and Young People.
- Information and Education Project provides free/subsidised training and consultation to voluntary and statutory sector staff.

Accessibility: Multi-lingual service with over 24 languages including Urdu, Arabic, Spanish, Hindi, Gujrati, Punjabi.

Opening Hours: Monday to Friday, 9am till 5pm

Out of hours: Answer Phone

TARA Project

Address: Glasgow Community & Safety Services Ltd,
Westergate, 11 Hope Street, Glasgow G2 6AB

Phone: 0141 276 7724

Email: corporatevaw@drs.glasgow.gov.uk

Aims: To help identify and support women who may have been trafficked for the purpose of commercial sexual exploitation.

Services Provided: TARA provides comprehensive assessment of needs including risk and offers a range of support services, including crisis accommodation dependant on individual need.

Women may be eligible for the service if they are over 18 years, have been commercially sexually exploited in the UK, have been brought into the UK or have been moved around the UK.

TARA can also provide support to frontline staff by sharing information, advice and good practice. Any enquiries from organisations, individual staff members and women are confidential in accordance with our policy, which is available on request.

Accessibility: Interpreters can be arranged.

Opening Hours: 9.30am till 5pm. Messages may be left on our answering machine out of hours.

At the moment we are unable to offer unplanned out of hours support. However if adequate notice is given we can provide additional support during evenings and weekends.

Terrence Higgins Trust

Address: 34 Waterloo Place, Inverness IV1 1NB

Phone: 01463 711 585

Email: info.highland@tht.org.uk

- Aims:**
- Reduce spread of HIV & other STIs, promote good sexual health.
 - Provide services for those affected.
 - Campaign for greater public understanding of the personal, social & medical impact of HIV.

- Services Provided:**
- HIV prevention & support
 - Lesbian, Gay, Bisexual & Trans support
 - FastTest for HIV, STI testing & clinical services
 - Counselling & group empowerment
 - Safer sex materials & media
 - Education, training & outreach
 - THT Direct Helpline – 0845 1221 200
Monday to Friday 10am till 10pm,
Saturday & Sunday 12pm till 6pm.

Opening Hours: Office open Monday to Friday, 10am till 5pm.
Drop-in 2pm till 4pm Tuesday & Thursday.

The Highland Council

Address: Headquarters, Glenurquhart Road, Inverness IV3 5NX

Phone: Service Centre: 01349 886606. Textphone: 01349 886665

Email: service.point@highland.gov.uk

Aims: We offer a number of statutory services to people in Highland including Housing; Education, Culture & Sport; Social Work and Service Points. Contact details for all services in all areas across Highland are available on our website at www.highland.gov.uk or by calling our service centre.

Services Provided: **Housing** - People experiencing abuse can contact their nearest Housing Officer for advice on homelessness, housing and housing support. The Council has a legal duty to help homeless people and is committed to preventing homelessness. If you are homeless or threatened with homelessness you should contact your nearest Housing Office immediately to get help, advice, and to complete a homeless application form, if necessary.

Education Culture & Sport - has specific responsibilities to prevent Violence Against Women by educating young people about its causes and consequences. School staff are also able to provide support to children and young people affected by domestic abuse and other forms of gender based violence.

Social Work - is able to provide support for those affected by abuse. This includes services to children and families (including child protection and Youth Justice services); Community Care Services (including mental

The Highland Council continued

health, services for older people and for people with disabilities); and Criminal Justice Services. A woman approaching the social work service is likely to be seen by a social worker from the Community Care Team which works predominantly with adults, or the Children and Families Team if there is concern about a child. The area teams can access residential care, day care and community support services.

Service Points - Staff can help by checking that current housing and council tax benefits are correct, advising what benefits are available and how to claim them. The Service Point can also offer advice on signposting to other services as requested.

Accessibility:

Various, depending on premises. All services have access to independent interpretation services. Visit www.highland.gov.uk for more information about services.

Opening Hours:

Most services operate on a Monday to Friday, 9am till 5pm basis, but out of hours crisis numbers are available for:

Housing (0845 700 2005); and

Social Work (0845 769 7284).

VIA Highland & Islands (Witness Services)

Address: Area Procurator's Fiscal's Office, 2 Baron Taylors Street, Inverness IV1 1QL

Phone: 01463 252186

Email: VIAhighland&Islands@copfs.gsi.gov.uk

Aims: VIA helps those victims, witnesses and nearest relatives eligible for the service by:

- providing information about the criminal justice system;
- keeping you up-to-date on key developments in the case that affects you;
- helping you get in touch with organisations that can offer practical and emotional support; and
- discussing any additional support that might help you, for example when giving evidence, with your consent helping arrange a visit to court for you so that you know what to expect if the case goes to trial and you are to give evidence.

Occasionally you may wish or need to meet with the Procurator Fiscal. VIA staff can organise this if it is felt necessary and can be at the meeting if that would be helpful.

Services Provided: Contact by telephone, email and in many occasions face to face meetings with clients.

Accessibility: You can contact us by telephone, language line, email and text phone.

Opening Hours: Monday to Friday, 8.45am till 5pm

Victim Support Highland

Address: Fairways House, Fairways Business Park,
Castle Heather, Inverness IV2 6AA

Phone: 01463 258834

Email: victimsupport.highland@victimsupportscotland.org.uk

Aims: Victim Support Scotland is the national independent charity for people affected by crime – victims and witnesses, their families and friends.
We offer free and confidential information, support and practical help after crimes.

Services Provided: Helpline: 0845 60 39 213

Website: www.victimsupportscotland.org.uk

Accessibility: Our office has disabled access and we can arrange for an interpreter if required.

Opening Hours: Monday to Friday, 10am till 4pm

Women's Support Project

Address: 31 Stockwell Street, Glasgow G1 4RZ

Phone: 0141 552 2221

Email: wsproject@btconnect.com

Aims: To raise awareness of male violence against women and children, and to work for improved and positive services for survivors through training, information and development work. We work on a broad range of issues including domestic abuse, rape and sexual assault, child sexual abuse, incest, prostitution and other forms of commercial sexual exploitation.

- Services Provided:**
- Information on Commercial Sexual Exploitation.
 - Awareness Raising resources and sessions on commercial sexual exploitation including lap dancing, prostitution and pornography.
 - Training on commercial sexual exploitation.
 - Signposting information service for women who have suffered violence, their family, friends and supporters.
 - Support for women whose children have been sexually abused or are at risk of sexual abuse.
 - Resources on all aspects of violence and abuse – books and videos available on loan (includes resources for male survivors).
 - In House and Interagency training, awareness raising events and multi agency/ partnership working.

Women's Support Project (continued)

Accessibility:

- Text phone available
- Sign language or other interpreters by arrangement (notice required for interpreting service)
- Parking nearby
- Lift access, no steps
- Accessible toilets

Opening Hours:

Monday & Tuesday, Thursday & Friday
10am till 4.30pm; and
Wednesdays 2pm till 4.30 pm.

Notes

To request this booklet in an alternative format e.g. **Large print**, Braille, computer disk, audio tape or suitable language please contact the Highland Community Planning Partnership at the address below:

Highland Community Planning Partnership

Assynt House,

Beechwood Business Park,

INVERNESS IV2 3BW

Telephone Number: 01463 704814

Fax Number: 01463 235189